

Course Code	CAMT002
Delivery	Face-to-face
Duration	1 x Half Day
PD Hours	4.25
Cost	Free – facilitated by internal CDHB Staff
Open to:	<ul style="list-style-type: none"><li>• All Canterbury and West Coast DHB staff</li><li>• Anyone working in the wider Canterbury or West Coast health system</li></ul>
Location:	Christchurch

2019 Course Dates

## About this course

What is Tikanga? It can be described as general behaviour guidelines for daily life and interactions within the Māori culture, and is based on experience and learning handed down through generations.

Engaging with people of a different culture takes openness, time, and patience. To ensure we give our Māori clients the best possible experience, we all need to have knowledge and understanding of the cultural beliefs and practices of Māori people. Learning about Tikanga will enrich your experiences with the culture and improve your ability to engage and to positively interact.

Rehua marae is the venue for this course, giving you a unique opportunity to experience and understand Māori protocols first hand. This course is for everyone who would like a deeper understanding of Māori culture in order to support all our patients.

## What you will be learning

Through this course you will:

- ✓ Have a better understanding of the Tikanga Māori cultural beliefs and practices and why they are important in the health sector.
- ✓ Gain a basic understanding of Tapu and Noa concepts and how they apply to Māori patients and clients in health.
- ✓ Consider the application of Tikanga practices in our personal health practice.

## What does this course involve?

- ✓ A pre-course workshop task that helps you identify what you want to learn.
- ✓ A half day marae based experience.

This course can count towards your clinical professional development requirements.

**Course Feedback**

“Really enjoyed this course as it gave me lots to think about. Covered really interesting points that I hadn’t considered before. Will recommend to everyone!” *Registered Nurse*

“It was a helpful reminder of how to appropriately deal with Māori [and other] patients and relatives.” *Medical Officer*

“I will feel more confident about adapting some aspects of our service to be more considerate of tikanga. I feel much more confident about the concepts of tapu and noa and how to integrate them into our practices and this information will be shared with my colleagues when planning activities.” *Community Nurse*

<p><b>Facilitators:</b></p> <ul style="list-style-type: none"> <li>• <b>Iranui Stirling</b> – Māori Health/Pouwhakaako Hauora Māori</li> </ul>	<p><b>Cancellation Policy</b></p> <ul style="list-style-type: none"> <li>• Learning and Development require two weeks’ notice prior to course date.</li> <li>• Courses are usually full and have a waitlist. By giving us plenty of notice allows someone else to benefit from this development opportunity.</li> <li>• It is our policy to inform your manager/professional lead if you do not attend on the day.</li> </ul>
<p><b>How to Enrol</b></p> <ul style="list-style-type: none"> <li>• Enrolment for this course is via <a href="#">healthLearn</a>.</li> <li>• Please also follow your usual departmental procedures for attending a course.</li> <li>• If you don’t already have a healthLearn account, you can register for one <a href="#">here</a></li> </ul>	<p><b>For more information, please contact:</b></p> <p style="text-align: center;"><b>Learning and Development Team</b>          Phone:          021485 597          Email:  <a href="mailto:learninganddevelopment@cdhb.health.nz">learninganddevelopment@cdhb.health.nz</a></p>