

Tikanga Māori Cultural Beliefs and Practices

Face-to-face course
PD Hours: 4.25

About this course

What is Tikanga? It can be described as general behaviour guidelines for daily life and interactions within the Māori culture and is based on experience and learning that has been handed down through generations.

Engaging with people of a different culture takes openness, time and patience. To ensure that we give our Māori clients the best possible experience, we all need to have knowledge and understanding of the cultural beliefs and practices of the Māori people. Learning about Tikanga will enrich your experiences with the culture and improve your ability to engage and to interact to ensure a positive outcome.

Rehua marae is the venue for this course, giving you a unique opportunity to experience and understand Māori protocols first hand. This course is for everyone who would like a deeper understanding of Māori culture in order to support all our patients

Course feedback

“Really enjoyed this course as it gave me lots to think about. Covered really interesting points that I hadn’t considered before. Will recommend to everyone!” *Registered Nurse*

“It was a helpful reminder of how to appropriately deal with Maori (and other) patients and relatives.” *Medical Officer*

“I will feel more confident about adapting some aspects of our service to be more considerate of tikanga. I feel much more confident about the concepts of tapu and noa and how to integrate them into our practices and this information will be shared with my colleagues when planning activities.” *Community Nurse*

What you will be learning

Through this course you will;

- Have a better understanding of the Tikanga Māori cultural beliefs and practices and why they are important in the health sector
- Gain a basic understanding of Tapu and Noa concepts and how they apply to Māori patients and clients in health
- Consider the application of Tikanga practices in our personal health practice.

What does the course involve?

- A pre-course workshop task that helps you identify what you want to learn
- A half day marae based experience.

This course can count towards your clinical professional development requirements.

Facilitator: [Iranui Stirling](#) – Maori Health/Pouwhakaako Hauora Maori

Location: Christchurch

Cost: No charge – facilitated by internal CDHB staff

Dates: [Visit healthLearn for dates](#)

Open to:

- All Canterbury and West Coast DHB staff
- Anyone working in the wider Canterbury or West Coast health system

Cancellation policy

Learning and development require two weeks' notice of cancellation. These courses are usually full and have a waitlist. By giving us plenty of notice allows someone else to benefit from this development opportunity. It is our policy to inform your manager/professional lead if you do not attend on the day

Keen to enrol?

Enrolment for this course is via [healthLearn](#).

Please also follow your usual department procedures for attending a course.

If you don't already have a healthLearn account, you can register for one [here](#)

Please note: You will need to add your manager to your profile to be able to enrol. Instructions on how to do this can be found [here](#)

For more information please contact the Learning and Development Team

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